

# Resource Centers

At Glenwood and Woodward

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## Purpose

Iowa's two State Resource Centers (SRCs) at Woodward and Glenwood provide treatment and outreach services for Iowans with intellectual and other developmental disabilities. A full range of treatment and habilitation services are provided to prepare and support individuals to live in the community of their choice.

## Who

The SRCs serve people with significant intellectual disabilities. Most individuals have behavioral or medical issues. More than 80 percent have a mental illness diagnosis. The SRCs serve people with the following characteristics:

Severity of Intellectual Disability			SRC Residents with Other Challenges		
	GRC	WRC		GRC	WRC
Mild	17.5%	24.9%	Seizure disorder	51%	37%
Moderate	13.6%	22.8%	Dysphagia (life-threatening swallowing disorder)	65%	65%
Severe	13.6%	15.5%	High risk of aspiration (food or liquid into lungs)	38%	23%
Profound	55.4%	36.3%	High risk for sustaining injuries related to behavior	59%	44%

## What

The SRCs provide services as licensed intermediate care facilities for persons with mental retardation (ICF/MR). People are admitted only when the DHS determines there are no appropriate community options. Discharge planning begins upon admission.

## How are we doing?

- Discharges continued to exceed admissions in SFY2011. The trend reflects an emphasis on community-based living and is expected to continue. The two SRCs provide service to about a fourth of all people (2,223 at end of SFY2011) served in licensed ICF/MR in Iowa.
- The SRCs provide supported community living services, respite, and supported employment through the Iowa Medicaid Home and Community Based Services (HCBS) waivers at 21 locations in surrounding communities. Glenwood currently serves 33 individuals in 9 locations and Woodward currently serves 36 individuals at 12 locations.
- The SRCs are active participants in the department's Money Follows the Person (MFP) grant that helps people move out of facilities into homes and communities of their choice. Funding is provided for transition services and enhanced supports needed for the first year. Nineteen individuals took advantage of the program in SFY11.
- To assist individuals with intellectual disabilities to remain in the community, the Iowa Program Assistance Response Team (I-PART) provides on-site behavioral consultation and training to reduce setbacks such as re-institutionalization, hospitalization, out-of-state placement, or jail admissions.
- 65 percent of residents earn wages through on- or off-campus employment.
- 95 percent of discharged individuals remain in the community for at least 180 days.

Year-End Census		
FY	GRC	WRC
2005	377	266
2006	354	256
2007	338	246
2008	326	232
2009	314	216
2010	292	203
2011	279	194